



[Department of Transition Assistance](#)

Apply for SNAP Benefits (Food Stamps)

SNAP

SNAP stands for Supplemental Nutrition Assistance Program. It was formerly known as food stamps and is run by the Department of Transitional Assistance (DTA).

To be eligible for SNAP, most households must meet certain bank balance limits. A household with an elderly (over 60) or disabled household member may have a higher bank balance limit.

Visit [SNAP's eligibility page](#) to find out more about eligibility requirements and how benefits are computed. To see if you might be eligible for SNAP benefits, you may also use FNS's [SNAP Eligibility](#).

Instructions

→ Submit an Application

This should take about 20 minutes. <https://dtaconnect.eohhs.mass.gov/>

→ Send in Verifications

We'll give you a list of documents to send in so we can verify your eligibility.

→ EBT Card


We will send you an EBT card right away. It works like a debit card. You will not have benefits unless/until you are approved.



→ Get SNAP Benefits

We'll make a decision within 30 days. If approved, benefits will go on your EBT card, effective the day you applied.



Other Methods of Applying include



 **By mail** 

Download the [SNAP benefits application in your primary language](#). For individuals and couples age 60 or older, you can use the [SNAP application for seniors](#).

- [Download the DTA cover sheet](#)
- Mail the completed cover sheet and application to:
DTA Document Processing Center
P.O. Box 4406
Taunton, MA 02780

Can someone help me apply for SNAP benefits?

You can ask someone you trust to apply for you or go food shopping for you. That person is your authorized representative. Tell us who your authorized representative is in your application. You and your authorized representative will need to fill out the [Request to Choose Someone to Be My Authorized Representative](#) form.

Need food sooner?

If you or your family is facing hunger right now, Project Bread wants to help. Call the FoodSource Hotline at **(800) 645-8333**.

Good Luck!